

Your Hometown Hospice

ADMINISTRATION BUILDING

Richmond County Hospice 1119
US Hwy 1 North
Building #1 Rockingham, NC 28379
910-997-4464

ANSON COMMUNITY HOSPICE

108 South Greene Street
Wadesboro, NC 28170
704-695-1595

HOSPICE HAVEN

1119 US Hwy 1 North – Building #2
Rockingham, NC 28379
(910) 997-4446



FACEBOOK



DONATE



WEBSITE

For additional information,
email: info@rchospice.com.

www.richmondcountyhospice.com



**Richmond
County
Hospice, Inc.**

Hospice Haven & Anson Community Hospice

Monthly Support Group



Caring For Our Neighbors Since 1985



Richmond County Hospice offers two free grief support groups each month:

Hospice Haven
First Saturday of each month
10:00–11:30 a.m.

Anson Community Hospice Office
First Tuesday of each month
5:00–6:30 p.m.

Both groups are free and open to the entire community. You do not have to have received hospice services to attend. Anyone experiencing grief following the loss of a loved one is warmly welcomed

SYMPTOMS OF GRIEF

- Increased irritability
- Changes in appetite
- Inability to focus
- Crying spells
- Feelings of emptiness
- Feelings of loneliness
- Anxiety
- Becoming withdrawn
- Loss of interest with activities

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Our Grief Support Groups Offer:

- A safe, welcoming, and confidential place to share thoughts and feelings.
- Connection with others who understand the loneliness and challenges of grief.
- Helpful coping strategies and encouragement from participants at different points in their grief journeys.
- Guidance and education from compassionate facilitators who understand the grieving process.
- Reassurance that while grief is personal and unfolds differently for everyone, the support of others can help ease the journey.
- Ongoing monthly support at no cost to participants.

"We bereaved are not alone. We belong to the largest company in all the world – the company of those who have known suffering."
Helen Keller



For additional information on our support groups or individual counseling, please call our
Bereavement Department at (910) 997- 4464

Nia Jones, *Bereavement Social Worker*
Breanna Allen, *Bereavement Clinical Social Worker*

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